

Bizzy Lizzy's Good Things

[Home](#)[Events](#)[Market People](#)[Market Basket](#)[Books for Cooks](#)[Food TV](#)[Links](#)[Gallery](#)[Contact](#)

Road Test and Review : *My Taste of Sicily* by Dominique Rizzo

23/10/2011

[2 Comments](#)

The day I met Dominique Rizzo, it was bright, sunny and beautiful just like the cover of her book, *My Taste of Sicily*. Dominique was in Canberra presenting cooking demonstrations during Floriade and we were enjoying afternoon tea in the garden at Lindeman's cellar door.

Former head chef and partner of Brisbane's Mondo Organics restaurant, Dominique is a natural teacher and loves to share her knowledge of Sicilian food and cookery. Her company, Pure Food Cooking, teaches school students and adults, and incorporates cooking classes and presentations, recipe development and food styling for magazines. Dominique also appears on *Ready, Steady, Cook* as well as guest spots on the 7pm Project and national radio segments.

In *My Taste of Sicily*, Dominique says she has poured herself onto the pages and hopes to inspire readers in the same way that Sicilian has inspired her. "When I was three years old, my father took the family ... on our first trip to his homeland of Sicily. My earliest memories of this beautifully rustic land are of my zio's (uncle's) farm. I remember gathering freshly laid eggs as chickens and rabbits ran freely around; orchards filled with plump lemons and oranges; and grapes hanging from the vines like jewels; Zio Fifo entering the house with a lamb hung over his huge shoulders; and Zia Maria carrying a basket of home-

Books for Cooks

Good Things reviews and road tests recipes from noted cookbooks, food related books and new products.

Archives

[October 2011](#)

[September 2011](#)

[August 2011](#)

Categories

[All](#)

[A Passion For Fruit](#)